



Palpung Changchub Dargyeling

REFUGE (x3)

SANG GYE CHO DANG TSOK KYI CHOK NAM LA

Until enlightenment I take refuge,

JANG CHUB BAR DU DAK NI KYAB SU CHI

in the Buddha, Dharma and the Supreme Assembly,

DAK GI JIN SOK GYI PAY SO NAM KYI

May the merits from my generosity and other good deeds,

DRO LA PEN CHIR SANG GYE DRUP PAR SHOK

result in Buddhahood for the benefit of all beings

FOUR IMMEASURABLES

SEM CHEN TAM CHE DE WA DANG DE WAY GYU DANG DEN PAR GYUR CHIK

May all beings have happiness and the causes of happiness,

DUK NGAL DANG DUK NGAL GYI GYU DAN DREL WAY GYUR CHIK

May all beings be free from suffering and the causes of suffering,

DUK NGAL ME PAY DE WA DAM PA DANG MI DRAL WAR GYUR CHIK

May all beings never be separate from the supreme bliss which is free from all suffering,

NYE RING CHAK DANG NYI DANG DREL WAY TANG NYOM CHEN PO LA NAY PAR GYUR CHIK

May all beings live in the Great Equanimity free from all attachment and aversion

PRAYER TO THE ROOT LAMA

PAL DEN TSAWI LAMA RINPOCHE, DA KI CHI WOR PE DE DEN CHU LA

Wonderful, precious Root Guru, seated on a lotus and moon seat above my head,

KA DRIN CHEN PEU GO NAY JAY ZUNG TAY

I pray that you take me into your care with your vast kindness,

KU SUNG TUK JI NGO DRUP TSAL DU SOL

And give me the siddhis of body, speech and mind.

THE SEVEN BRANCH PRAYER

CHANG TSAL WA TANG CHURSHING SHAG PA DANG
We prostrate and make offerings

JESU YIR ANG KULCHI SOL WA YI
We confess and rejoice in the virtues of all beings

GEWA CHUNG ZEY DAGI CHI SAGPA
We ask for the wheel of Dharma to be turned for all beings

TAN CHE DZOG PEY CHANG CHUP CHEN POR NGO
*We pray that the Buddhas remain in this world to teach,
We dedicate all merit to sentient beings.*

MANDALA OFFERING

(please say this once and offer with a mudra)

SA SHI PURCHU JUG SHING ME TOG TRAM
This base perfumed with scent and sprinkled with flowers,

RI RAB LING SHI NYIDAYJEN PADI
Adorned with Mount Meru, the four continents, the sun and moon,

SANG GYE SHING DU MIG TE PUL WAR YI
I visualize as a Buddha realm and offer to you,

DROKUN NAM DAG SHING LA CHO PAR SHO
May all beings enjoy a pure realm



REQUESTING THE TURNING OF THE WHEEL OF DHARMA

(please say this once with palms joined)

SEM CHEN NAM KYI SAM PA DANG LO YI CHE DRAG JI TA WA
According to sentient beings' thoughts and specific mental capacities

CHE CHUNG THUN MONG THEG PA YI CHO KYI KHOR LO KOR DU SOL
Please turn the wheel of Dharma of the greater, lesser, or common vehicle.



DORJE CHANG TUNGMA

(The Short Prayer to Vajradhara, invoking the blessings of the Kagyu Lineage)

OM

DORJE CHANG CHEN TELO NARO DANG

Great Vajradhara, Tilopa, Naropa,

MARPA MILA CHOJE GAMPOPA

Marpa, Milarepa, and Lord of Dharma Gampopa,

DUSUM SHE JA KUN KHYEN KARMAPA

Knower of the three times, omniscient Karmapa,

CHE ZHI CHUNG GYE GYU PA DZIN NAM DANG

Lineage holders of the four great and eight lesser schools,

DRI TAK TSAL SUM PALDEN DRUKPA SOK

Drikung, Taklung, Tsalpa, glorious Drukpa and others,

ZAB LAM CHAK GYA CHE LA NGA NYE PE

You who have thoroughly mastered the profound path of Mahamudra,

NYAM ME DRO GON DAKPO KAGYULA

Unrivalled protectors of beings, the Dakpo Kagyu,

SOLWA DEPSO KAGYU LAMA NAM

I pray to you, the Kagyu Lamas,

GYU PA DZIN NO NAM TAR JIN GYI LOB

Grant your blessing that we may follow your tradition and example.

ZHEN LOK GOM GYI KANGPAR SUNGPA ZHIN

Detachment is the foot of meditation, it is taught,

ZE NOR KUN LA CHAK ZHEN ME PA DANG

Attachment to food and wealth disappears --- (continues)

TSEN DIR DO TAK CHO PAY GOM CHEN LA

To the meditator who gives up ties to this life,

NYE KUR ZHEN PA ME PAR JIN GYI LOB

Grant your blessing that attachment to ownership and honour ceases.

MO GO GOM GYI NGO WOR SUNG PA ZHIN

Devotion is the head of meditation, it is taught,

MEN NGAK TERGO JE PAY LAMA LA

The Lama opens the door to the profound oral teachings,

GYUN DU SOLWA DEB PAY GOM CHEN LA

To the meditator who always turns to the Lama

CHO MIN MO GU KYE WAR JIN JI LOB

Grant your blessing that uncontrived devotion be born within.

YENG ME GOM GYI NGO ZHIR SUNG PA ZHIN

Unwavering attention is the body of meditation, it is taught,

GANG SHAR TOK PAY NGO WO SO MA DE

Whatever arises, is the fresh nature of thought,

MA CHO DE KAR JOK PAY GOM CHEN LA

To the meditator who rests there in naturalness,

GOM JA LO DANG DRAL WAR JIN GYI LOB

Grant your blessing that meditation is free from intellectualization.

NAM TOK NGOWO CHO KUR SUNG PA ZHIN

The essence of thought is Dharmakaya, it is taught,

CHI YANG MA YIN CHIR YANG CHAR WA LA

They are nothing whatsoever, yet they arise,

MA NGAK ROLPAR CHAR WAY GOM CHEN LA

To the meditator who reflects upon the unobstructed play of mind

KHOR DE JER ME TOK PAR JIN GYI LOB

Grant your blessing that the inseparability of samsara and nirvana be realized.

KYE WA KUN TU YANG DAK LAMA DANG

Through all my births may I not be separated

DRAL ME CHO KYI PAL LA LONG CHO CHING

From the perfect Lama, and so enjoy the glory of the Dharma,

SA DANG LA GYI YONTEN RAP DZOK NE

May I completely accomplish the qualities of the path and stages,

DORJE CHANG GYI GO PHANG NYUR TOP SHOK

And quickly attain the state of Vajradhara (awakened mind)

DEDICATION OF MERIT PRAYERS

SONAM DI YI TAM CHAY ZIK PA NYI

Through this virtue, may omniscience be attained,

THOB NE NYE PAY DRA NAM PAM CHAY NAY

And thereby may every enemy (mental defilement) be overcome,

JAY GA NA JI BA LAP DRUK PA YI

May beings be liberated from the ocean of samsara,

SI PAY TSO LE DRO WA DROL WAR SHOK

which is troubled by waves of birth, old age, sickness and death.

* * *

JAMPAL PAWO JITAR CHEMPO TANG

I dedicate all this virtue most sincerely

KUNTU ZANG PO DAY YANG DEZHIN TAY

in a way which makes it multiply,

DAY DAK KUNJEH JAYSOO DA LOP SHING

Following the illustrious examples set

GAY WA DEDAK TAMCHAY RAPTO NGO

by courageous Manjushri and Samantabhadra.

* * *

SANGJEH KUSUM NYEPAI JINLAB DANG

Through the blessing of the Buddha's attainment of the three kayas,

CHUR NYI MINJUR DENPAI JINLAB DANG GENDUN MICHEY DUNPAI JINLAB CHI

through the blessing of the Dharmata's unchanging truth, through the blessing of the Sangha's unwavering aspiration,

JITAB NGOWA MUNLAM DRUBPAR SHOG

May these dedication and wishing prayers be fulfilled.

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PALDEN LAMA SHAPPE TENPA DANG

May the glorious Lamas live long.

KANYAM YONGLA DECHI JUNGWA DANG

May happiness and well being arise in all sentient beings equal to the sky

DAGSHEN MALU TSOKSA DRIPJANG NE

May I and all sentient beings without exception, having gathered the accumulations

NYURDU SANGJEH SALA GURPAR SHOG

and purified obscurations, swiftly be established in the state of Buddhahood.

ASPIRATION FOR BODHICITTA

CHANG CHUB SEM NI RINPOCHE

May the precious bodhicitta

MACHAY PA NAM CHAY JUR CHIK

take birth where it is not existing,

CHAYPA NYAMPA MAY PA DANG

where it exists may it never wane

KONGNAY KONGDU PELWAR SHO

but continuously increase.

DEDICATION PRAYER

KYI NA DEWA THOK SU NGO

When I am happy, may my merit flow to others.

PHEN DEY NAM KHA Khab PAR SHOK

May its blessings fill the sky.

DUK NA DUK NYAL DAK GYI KHUR

When I am unhappy, may the sorrows of all beings be mine.

KHOR WA DUK NYAL GYI GYA TSO TONG PAR SHOK

May the ocean of suffering run dry.



DEDICATION PRAYERS 2

KUNCHOG RINCHEN SUMLA CHAG TSAL LO GEWA DIYI NYERWAR SUN NAY NI
I pay homage to the three precious jewels. With this good action serving as a symbol all the merit

SEMCHEN NAMCHI DUSUM SAGPA YI ZAG CHEN ZAG MAY ZUNG JUG GEWA NAM
accumulated in the three times by all beings, all the tainted, perfect and unified good actions

LAMA CHANGCHUB CHENPOR NGOWAR JI DROKUN TAMCHAY CHENPA TOBPAR SHOG
I dedicate to the unsurpassable great enlightenment. May all beings attain omniscience.

CHUR YING JANG CHUB SEMCHI CHILKOR DU DAG SOG SEMCHEN TAMCHEY CHI
Within the Dharmadhatu Bodhichitta mandala, through the realizations and accumulations of

DUSUM SAGDANG TOGPA YI DRODRUG SEMCHEN MALU PA
myself and all beings of the three times, may all beings in the six existences without exception attain the

KU NGA YONG DZOG SANGJEY TOBPAR SHOG
five Kayas, total, complete Buddhahood.

DENPAR DRUBCHING DENPAR SUNGPA GANG TSUNG MAY TUNPA NYICHI RANG GI
That which is true, the truth that has been taught, that which the unequalled teacher taught,

TEN JIGTEN KHAM DIR YUNRING BARJUR PAR MUNLAM DZEYPA DESHIN CHERWAR SHOG
May it shine for aeons in this world. May it shine intensely as in the prayer.

OGMIN NAYSU KUNI RABDRUB NAY GADEN DUNI JAL TSAB SACHUI GON
*His body having being perfectly created in the Akanistha realm in Tushita he is the regent,
the lord of the tenth bhumi.*

MA ONG DZAMLING DIRU TRULPAI KUR NANG DZAY DEYI MUNLAM DAGDRUB SHOG
In the future he will manifest in this world in Nirmanakaya form, may I fulfil his wish prayers.

JALWA JAMPAL JAL TSAB DZAY NAY KALZANG SANGJEH DRUGPA NAY ZUNG TAY
Having become the regent of the Buddha Maitreya he will be the sixth Buddha of this excellent kalpa

NANG DZAY BAR JI TRULPAI DZUL TRUL TUN KARMAPA YI MUNLAM DAG DRUB SHOG
and until Vairochana will manifest miraculous emanations, may I fulfill the Karmapa's wishing prayers

This was composed in Tsetang monastery by Gyalwang Chodrak Gyamtso, (the seventh Karmapa)

GENDUN DAYJEH CHAY TSUR TSOMPA DANG TURSAM GOMPAL JAWA KUNPEL SHING
May the sangha increase, and the activities of explaining, debating and composing; and of study,

DUPA TUN DANG TSERING NAYMAY SOG DUGU DUMAY PONGPAR MAJUR CHIG
contemplation and meditation develop. May there be a harmonious community, long life, health

JORPA NAMTUR BUR CHANG DRENMAY CHING TSUL TSUL NYEWA KHOR TAR MAJUR CHIG
and so on. May there be wealth that is unrivalled by Vaishravara, without deprivation of the many

SHENDUN CHENREZIG CHI TRINLAY SHIN KARMAPA YI TENPA JEH JEY SHOG
*requisites of life. May there be noble conduct of mindfulness like that of the Buddha's closest disciples.
May there be activity like that of Chenrezig, may the teachings of the Karmapa increase.*

This was composed by Mikyo Dorje (the eighth Karmapa)

CHOG CHUI SHING DU DUSUM SANGJEY CHI

The Buddhas of the three times in the realms of the ten directions, he who accomplishes their every

TRINLEY MALU DRUBPAI KARMAPA

CHUDRAK JAMTZO SHAY JAR DRAGDEY YI DENGDIR TASHI DELEG JUNG JUR CHIG
single activity, the Karmapa, especially the one who is renowned as Chodrak Gyamtso, may there arise

DUSHI LAY JAL JALWAI TRINLEY PAKARMAPA TEN TENPAI NYINGPO NI
on this day perfect happiness and good fortune, one of the activities of the Victorious, the Victorious

CHOGTAR KUNCHAB CHAB CHING JUNMI CHAY TENPA RABPEL PELWAI TASHI SHOG
over the four Maras, may the essence of the teachings, the teachings of the Karmapa, continually pervade, pervade to the limits of every direction, may there be good fortune of growth, growth that perfect and everlasting.

KUNCHOG SUMJI DENPAR DANG, SANGJEY DANG JANGCHUB SEMPAAH TAMCHEY
Through the truth of the three jewels, through the blessing of all the Buddhas and Bodhisattvas,

CHI JINJI LAB DANG TSOG NYI YONGSU DZOGPAI NGA TANG CHENPO DANG
through the great power of the total completion of the two accumulations and through the might of the

CHUCHI YING NAMPAR DAGCHING SAMJI MICHAB PAY TOBCHI DESHINDU DRUBPAR JUR CHIG
inconceivability and total purity of the Dharmadhatu, may these prayers be fulfilled.

TASHI PALBAR DZAMLING JEN NGAR RI JALKHAM BURCHI YUL
in the shining splendor of good fortune, the adornment of the world, the kingdom of Ngari, the land of

KHAWA CHENJI YULJONG SU CHUDRUB JUCHI TENPA DARWA DANG
Tibet, the country that is the land of snow, may the teaching of the lineage of Dharma practice spread,

DZAMLING DEWAI TASHI SHOG DZAMBULING DEWAR DZAY DU SOL
and may there be good fortune of worldwide happiness, I pray that you make the world happy.

DEDICATION PRAYERS 3

KUNZANG DORJE CHANG CHEN MENCHE NE DRINCHEN TSAWAY LAMA YENCHE NE
Since the great Dorje Chang until my Root Lama goodness permeates

DROWAY DUNDU MONLAM KANG TABPA DEDAK TAMCHE DAGGI DRUBPAR SHOG
whatever vows are required for the benefit of all may I be able to accomplish them.

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RABJAM JALWA JAMTZOI RIKCHI DAG PALDEN LAMA JETSUN TSEWAY TER
All knowing Lord of Gyalwa Gyamtso's lineage, Glorious Lama, venerable, loving, precious one,

JALCHOK CHOCHI JUNGNE DAMPAYI CHEWA KUNTU JESU DZIN JUR CHIG
The victorious, supreme Churchi Jungney (8th Tai Situ), may all beings gain realization!

PRAYER TO BE REBORN IN DEWACHEN

EH MA HO! NGOTSAR SANGJEH NANGWA THAYE DANG
Eh Ma Ho! Wondrous Buddha of infinite light, on your right the

YESU JOWO TUKJE CHENPO DANG **YONDU SEMPA TUCHEN TOP NAMLA**
Lord of Great Compassion (Avolokiteshvara), *On your left the Bodhisattva of Great Power (Vajrapani)*

SANGYE CHANGSEM PAGME KHORJI KOR **DECHI NGOTSAR PAGTU MEPA YI**
All surrounded by countless buddhas and bodhisattvas,
Wonderful, immeasurable joy and delight is found

DEWACHEN SHE JAWAY SHINGKHAM DER **DAKNI DINE TSEPUR JURMA TAK**
in the pure land called Dewachen. *The moment I pass from this life*

CHEWA SHENJI BARMA CHOPA RU **DERU CHENE NANGTAY SHALTONG SHOK**
without taking another birth, may I be born here and see Amitabha's face. Having made

DEKE DAGGI MONLAM TABPA DI **CHOK CHUY SANGJEH CHANGSEM TAMCHE CHI**
my aspiration prayer in this way, may the Buddhas and Bodhisattvas of the ten directions

GEGMEY DRUBPAR JINJI LABTU SOL
Give their blessing that it be fulfilled without hindrances.

TA YA TA PEN TSA DRI YA AWA BO DA NA YE SO HA

CHOKDU JALWA SECHE GONG **TSOKNYI DZOGLA JEYI RANG**
Buddhas and Bodhisattvas of the ten directions and three times, think of me.
I rejoice in the completion of the two accumulations.

DAGGI DUSUM GESAKPA **KONCHOG SUMLA CHOPA BUL**
All the virtue I have gathered throughout the three times

JALWAY TENPA PEL JUR CHIG **GEWA SEMCHEN KUNLA NGO**
I offer to the three jewels. May the teachings of the Victorious One flourish.

DROKUN SANGJEY TOB JUR CHIG **GETSA TAMCHE CHIGTU TE**
This virtue I dedicate to all sentient beings. May they all attain awakening. Having gathered all the

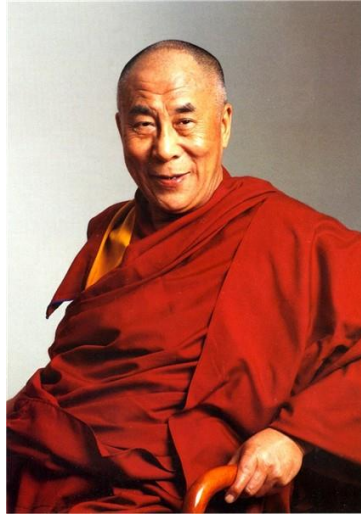
DAGGI JULA MINGYUR CHIG **DRIP NYI DAGNE TSOK DZOG TE**
roots of virtue into one, may they ripen in my mindstream. The two obscurations purified and the

TSERING NEME NYAMTOG PEL **TSEDIR SACHU NUN JUR CHIG**
accumulations complete, may there be long life and no illness, along with deepening experience and realization. In this life may I move through the ten bodhisattva levels.

NAM SHIG TSEPUR JURMA TAG **DEWACHEN DU CHE JUR CHIG**
At the time of passing from this life may I immediately be born in Dewachen,

CHENEY PEMA KHACHE TE **LUTEN DELA SANJEY SHOG**
Once born there, may the lotus open, and with that body as a support may I become enlightened

CHANGCHUB TOBNE JISI DU TRULPE DROWA DREPAR SHOG
Having attained enlightenment, may my emanations forever guide beings.



H.H. DALAI LAMA'S LONG LIFE PRAYER

KANGRI RAWE KORWAY SHINGKHAM SU PENDANG DEWA MALU JUNGWAY NE
In the land encircled by snow mountains, you are the source of all happiness and good,

CHENREZIG WANG TENZIN JAMTZO YI SHABPE SITAY BARDU TEN JUR CHIG
All-powerful Chenrezig, Tenzin Gyatso, Please remain until samsara ends.



H.H. KARMAPA'S LONG LIFE PRAYER

OM SOTI SIDDHAM
Om Swasti Siddham

NGOTSAR MEDU JUNGWAY YESHE KU DRALMIN YONTEN JAMTSOY PALDANG DEN
Wonderously manifesting embodiment of primordial wisdom, endowed with the magnificence of

DUSUM JALWAY CHIZUK KARMAPAY SHABPE TENCHING DZETRIN JEJUR CHIK
*an ocean of qualities which liberate and bring beings to maturity. Crowning glory of the Buddhas
of the three times Karmapa. May your sacred presence remain long with us and
your enlightened activity spread.*

CHOYING LONGNE GONGPAY TSALTRUK TE SAMSHIN SIPAY TSULTEN NGOTSARWA
*Wondrous is your ability to manifest from the vast expanse of Dharmadhatu
within the conventional reality of the world, just as wishes,*

DUSUM JUNKA KHAMSUM CHOCHI JEI SHABPE TENCHING DZETRIN JE JURCHIK
*Who can go wherever it is difficult to go. May your sacred presence remain long with us and
your enlightened activity spread. Providing an opportunity for liberation through sight,
sound, recollection or contact,*

TONGTUR DRENREK TARLAM JORDZE CHING CHYENTSE NUPAY ZIJI RABBARWA
*blazing with the splendour of perfect wisdom, universal love and great ability;
endowed with the light of virtue and excellence which dispels the threefold darkness.
May your sacred presence remain long with us and your enlightened activity spread.*

SASUM MUNSEL GELEK URTRONG JE SHABPE TENCHING DZETRIN JE JURCHIK
Adorning the three trainings with immense purity of right conduct, your mind, fully mature through the

LABSUM TSULTRIM TSANGME JEN DZECHING KETSUN ZANG DANG TURSAM GOMPAYI
*three masteries and study, contemplation and meditation.
Has the power to cause other's minds to be liberated.*

TUKJU YONGMIN SHENDU DROL NUPAI SHABPE TENCHING DZETRIN JE JURCHIK
May your sacred presence remain long and your enlightened activity spread.

RIDRAL TENDANG CHEPAR DRUBJU CHI RINGLUK DRIME CHOTSUL NAMDAK DI
*Through the total purity of the various immaculate dharmas,
both of the teachings in general and those of the Practice Lineage in particular,
May your sacred presence remain long and your enlightened activity spread.*

DZAMLING YANGPAY CHONKUN GENG DZEPAY SHABPE TENCHING DZETRIN JE JURCHIK
*You teach and appear in many different ways, a veritable ocean of manifestations of wondrous
miracles beyond estimation and beyond the imagination,
that every concept of going, coming or staying be transcended.
May your sacred presence remain long with us and your enlightened activity spread.*

DRANJE SAMDE NGOTSAR JUTRUL JI KURPA JAMTSO NATSOK TUNDZE CHANG
In brief, lord and protector of the world who embraces a hundred enlightened classes of being,

SHESHUK TRURPAY TSENMA KUN DRALWAY SHABPE TENCHING DZETRIN JE JURCHIK
*glorious guru , power of the Buddhas, Karmapa,
may your sacred presence remain long and your enlightened*

DORNA RIKJEI CHABDAK KORLOI GON PALDEN LAMA JALWANG KARMAPAY
activity spread. May your enlightened activity pervade to the farthest limits of every quarter

SHABPE TENCHING DZETRIN JE JURCHIK TRINLEY CHOKTA KUNTU CHABPAR SHOK
Through prayer from the depths of one's being, made with faith and deep devotion, through the

DETAR RABGU DUNGWE SOLDEBNA TSASUM JALWA JAMTSOI TUKJE DANG
*compassion of an ocean of enlightened beings and of the three sources,
and through the power of the truth which is utter purity of the essence*

CHONYI NAMPAR DAKPAY DENTOB CHI JIKE MONPAY DUNZANG NYURDRUB SHOG
of all, may this highly meaningful prayer be swiftly accomplished just as intended.



A LONG LIFE PRAYER FOR HIS EMINENCE KHENTIN TAI SITU RINPOCHE

NAMO GURU BENDZA DHARAYE

TRINLEY RABJAM JAMTSO DUPAY PAL

Glorious embodiment of countless activities

KAJU DZAMLING DRAKPAY SERTRENG GI

In the Golden Kagyu Rosary of universal flame

ENSUM LUNGTOK DZINME DAKGI SHE

Whichever teaching of the three distinctions is not found, this do you hold,

TENDRO CHIPAL DZEPAY SHABTEN SOL

Crown jewel adorning the doctrine and all beings, please remain our support.

LUNGRIK MANGTUR CHETSUR TSOMSUM JI

By virtue of your study, examination, and exposition of numerous teachings,

CHOMDEN TUBPAY DENUR CHANG DZIN KHEN

Are you the master holder of Lord Shakyamuni's Tripitaka

RIKDROL DOMSUM DAKNYI PAKPAY CHOK

Realised and undefiled, supreme noble being, holder of the three ordinations.

SACHU WANGCHUK DAMPA SHABTEN SOL

Holy Lord of the tenth level, please remain our support.

ZABSANG NGEDON PEMAY JALTSAP NYI

Regent of Pema, the teacher of profound reality,

SHIPAY TSENDZIN DONYO KORLOI DAK

the fourth of the lotus order, Amogha, the lord of the wheel

CHILKHOR JAMTSOR RIKCHI CHOPEN DZIN

With the sovereignty of the ocean of mandalas adorning your head,

DRUBJU SOKSHING DZINPA SHABTEN SOL

Holder of the central pillar of the Kagyu lineage, please remain our support.

JALSE WANGCHUK SEMPAY NYINGPOI DZUR

Possessing the heart treasure of a superior Bodhisattva

KALPA MANGPO NGONROL CHANGCHUB NE

Practicing for many ages the play of Bodhicitta

ZANGPO CHOPAY MONLAM TOBCHI TRUL

And emanating like Kuntuzangpo's offerings

TSUNGME DRENDRAL CHENPOI SHAPTEN SOL

Your greatness is unequalled and you have no rival, please remain our support.

SANGNGAK TEKCHOK DORJEI DRUBPAY PAL

Glorious Vajra Siddha of the supreme secret path, ever perfect one,

YEDZOK CHOYING CHYABDAL RANGDROL LE

Out of the liberated all pervading Dharmadhatu

RIKNGAI WANGPO JUTRUL DULDRALWA

You appear as the lord of the five families, completely devoid of the defilement of illusion,

YONGDROL DORJE LOBPON SHABTEN SOL

Diamond master of perfect liberation, please remain our support.

CHETSUN ZANGPOY GONGMAY NAMTAR CHANG

Holder of the tradition of superior learning and discipline,

DRUBJU TENPAY NANGCHE TSUKGI NOR

Having the rising sun of the Kagyu doctrine as your crest ornament

RIKSUM JUTRUL DAKGIR NGA DZEPAI

Possessing the sovereignty of the three emanation families,

PEMA DONYO NYINJE SHABTEN SOL

Pema Donyo Nyinje, please remain our support.

DETAR LUWA MEPAY SOLTABNE

By the power of this prayer made without deception,

TSASUM DENPAY NUTOB JINCHEN JI

By the great blessings of the certainty of the three roots

CHOCHONG TRINLEY NGONJI TATSIK GI

And by the previous activity vows of the Dharmapalas,

JURME DORJEI KHAMTAR NE JURCHIK

May you remain immutable like the Vajra.

**A LONG LIFE PRAYER FOR
HIS EMINENCE KHENTIN TAI SITU RINPOCHE**
(a short version)

PE MAY GYAL TSAB TEN DRAB DO WAY GÓN

The Regent of the future Buddha, the undefeatable

MA ONG SANG GYE GYAL TSAB MA PHAM PA

The Regent of the lotus, the protector of all beings and the teachings

TAH YI SI TU PA MA DÓN YÓ GYI

Tai Situ Pema Dönyo

ZHAB PE TEN CHING DZE TRIN GYE GYUR CHIK

May your life be long and your activities be extensive.

SUPPLICATION TO H.E. TAI SITUPA

OM SOTI JALKUN TUKJEI KALONGNE

LHUNDRUP TRINLEY JUNMI CHEPAY TER

DROLA TESHE NANGWAY CHOKJIN KHEN

CHOKGI TULKU KALJAL SHABTEN SOL

TOBCHU MIJIK SHIDANG MADREPA

YUNTEN CHOBJE LASOK YONG DZOKPA

NGONPAR CHANGCHUB NGANYE ZINNA YANG

THAYE DULJE MURNGOR CHYENTSEY NU

DUNNYI TRINLEY SASUM KUNCHAB NE

YESHE CHOCHONG MAGON TSANG JURPAY

KARCHOK CHONGWAY LHACHEN TSOKNAM CHI

TAKPAR MAYEL SUNGSHING CHONGWA DANG

CHOK KUNLE JAL TRINLEY KUN DRUP DZUR



A LONG LIFE PRAYER FOR HIS EMINENCE JAMGON KONGTRUL RINPOCHE

THAYE MIKME TSEWAY TERCHENPO

NAMPAR NANGDZE RIKDROL TRULPAI KU

JAMGON LODRO CHOCHI NYIMA YI

SHABPE TENCHING DZETRIN JE JURCHIK

SIDANG SHIWAY PALJI TSEMOLÉ

PULCHUNG SANGWAY DAKPO NAMTRUL CHOK



A LONG LIFE PRAYER FOR HIS EMINENCE GYALTSAB RINPOCHE

JALTSAP DRAKPA MINGYUR GOCHA YI

SHABPE TENCHING DZETRIN JE JURCHIK

KONCHOK TSAWA SUM JI JINLAB DANG

CHONYI NAMPAR DAKPAY DENDRE CHI

LAMAY SHABPE YUNDU TENPAR DANG

DZETRIN CHOKTAR CHABCHING JE JURCHIK



**A LONG LIFE PRAYER FOR
VERY VENERABLE YONGEY MINGYUR DORJE RINPOCHE**

OM DELEK SU GYUR CHIK

Om, may virtuous goodness prevail!

RABJAM GYALWE TUK KYE LE TRUNG PA

Born out of the resolve of infinite conquerors,

NYIK DÜ DROWÉ GÖNPO CHÖ KYI JÉ

Dharma Lord and protector of beings

SANG CHEN TENPÉ MÉPO KA DRIN CHEN

of the dark age, Gracious forefather of the doctrine of the Great Secrets,

ORGYEN SANGYÉ NYI PÉ GÉ LEK TSOL

Second Buddha of Uddiyana, bestow your virtuous goodness!

KHYÖ KYI NAMPAR ROLPA TAYÉ KYANG

Though your manifestations are boundless

YONG KYI GEWÉ SHENYEN YONG KYI GÖN

Spiritual guide for all, universal protector, keeper of treasury

MINGYUR TAKPA DAMPÉ DZÖ DZINPA

of the sublime, unchanging permanence,

DORJÉ SUM GYI NGOWOR SHYAP TEN SOL

as the nature of the three vajras, may your life be long.

GYURMÉ ZABMÖI TA TSIK RIN PO CHÉ

With your precious vow, deep and unchanging,

NGÉ SANG TENDZIN DAMPA CHÖ KYI JÉ

Sublime upholder of the teachings of the definitive secrets,

MÉJUNG CHOK GI TRULKU DROWÉ GÖN

Lord of the Dharma, magnificent supreme nirmanakaya,

DORJÉ SUM GYI NGOWOR SHYAP TEN SOL

Protector of beings, as the nature of the three vajras, may your life be long.

LU MÉ KYABNÉ KÖN CHOK RIN CHEN SUM

By the unfailing sources of refuge, the Three Precious Jewels,

TSA SUM DAM CHEN GYAMTSÖI DEN TOB KYI

and by the power of the truth of Three Roots and ocean-like loyal guardians,

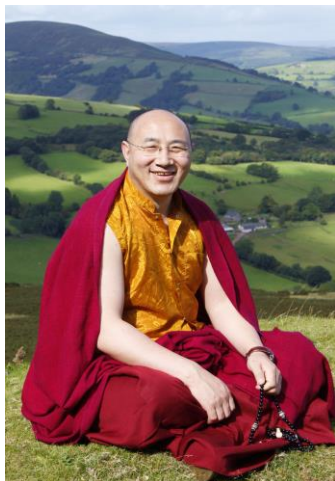
LAMÉ SHYAP PÉ YÜN DU TENPA DANG

May the life of this master remain firm and long,

DZÉ TRIN CHOK TAR KHYAP CHING GYÉ GYUR CHIK

And may his activity flourish to pervade all directions!

In response to the students who requested a long-life prayer for Yonge Mingyur Rinpoche,
Tai Situpa made this aspiration. May it be fulfilled!



LAMA RABSANG'S LONG LIFE PRAYERS

To serve the Buddha, to serve the lineage

Through dharma activities of Palpung Changchub Dargyeling

And many other Palpung dharma centres to come in the future,

May Venerable Lama Rabsang live long and have a great progress in his dharma practice

And share this with lots of people and have a healthy life.

Spoken by HE 12th Kenting Tai Situpa out of request of Lama Rabsang's students in 2008

CHOKSUM RABJAM JAMTSOI DEN JIN JI

Through the power of the truth of the vast (profound) ocean of three jewels,

PALDEN LAMA RABTU ZANGPO GANG

may the glorious, exceedingly auspicious Lama's, (Lama Rabsang),

KU TSEH TEN CHING TUK SHIN DUN KUN DRUB

lifespan remain firm, may his wishes be fulfilled,

DZEH TRIN CHOK DU TAH RU CHAB JUR CHIK

may his dharma-activities pervade to the very edge of space and time.

This was written by Mingyur on 13th March 2017 in response to many forceful exhortations.



PRAYER FOR REBIRTH AT THE TIME OF BUDDHA MAITREYA

NAMSHIG DORJE DEN JI DZIN MAY TSER CHUNYI DZEPAY URCHIM MARPO U
Upon the summit of the earth of Bodhagaya, in the centre of the red mountain of light

JAMCHEN CHUCHI NYIMA CHARWAY TSER DAG CHANG KORJI TUWOR JURWAR SHOG
*of the twelve actions when the great Maitreya, the sun of Dharma rises,
may I become the leader of his entourage*

SEVEN LINE PRAYER TO GURU RINPOCHE

HUNG: ORJEN YULJI NUPJANG TAM, PEMA GESAR DONGPO LA,
Hung; At the north western border in the land of Orgyen, upon the heart of a lotus,

YATSEN CHO GI NGODRUP NYE, **PEMA JUNGNEY SHESU DRAG,**
you of wondrous, great accomplishments, *known as the Lotus Born,*

KHORDU KHANDRO MANGPUR KOR, **CHERCHI JESU DAGDRUP CHI,**
surrounded by your entourage of many dakinis, so that I am able to follow your example,

JINJI LABCHIR SHEG SU SOL, **NAYCHOG DIRU JINPOB LA,**
please come and bestow your blessings, *send your blessing to this excellent place,*

DRUP CHOH DAGLA WANG SHI KUR, **GEDDANG LOGDREN BARCHEY SOL,**
bestow the four powers on this accomplished practitioner, remove hindrances,

CHOG DANG TUNMONG NGODRUP TSOL
confusion and obstacles, bestow the ordinary and supreme accomplishments.

OM AH HUNG BENZA GURU PEMA SIDDHI HUNG (x3)

**OM AH HUNG BENDZA GURU PEMA TURTRENG TSAL BENZA SAMAYA DZA DZA SARWA
SIDDHI PALA HUNG AH HRI MA HA RI NI SA RADZA HRI YA TSITA HRING HRING DZA DZA (x3)**

GURU KHANDROI TSOG CHEY CHI, **DAG CHAG MURPAI BU NAM LA**
Guru, host of Dakinis and so on, *to us your faithful children*

LULA KUYI JINJI LOB, **NGAG LA SUNG GI JINJI LOB**
Bless our bodies with your body, *bless our speech with your speech,*

YILA TUG CHI JINJI LOB, **WANG SHI KUR WAR JINJI LOB**
Bless our minds with your mind, *grant us the blessing of the four powers,*

JU SHI DAG PAR JINJI LOB, **LAM SHI JONG WAR JIN JI LOB**
Grant us the blessing of the exalted four tantras, grant us the blessing of the skillful four paths

KU SHI TOB PAR JINJI LOB
Grant us the blessing that we realize the four kayas.

**OM AH HUNG BENZA GURU PEMA DEWA DAKINI KAYA ABHIKINTSA OM WAKA
ABHIKINTSA AH TSITA ABHIKINTSA HUNG SARWA ABHIKINTSA HRI**



THE PRAYER TO GURU RINPOCHE THAT DISPELS OBSTACLES AND FULFILLS ALL WISHES

TUSUM SANGYE GURU RINPOCHE

The Buddha of the three times, Guru Rinpoche,

NGODRUB KUNDAG DEWA CHENPOI ZHAB

The lord of all the attainments, the great Blissful One,

PARCHED KUNSEL DUD DUL TRANGPO TSAL

Who dispels all obstacles, the Wrathful Subduer of Maras

SOLWANDEB SO CHINKYEE LABTUSOL

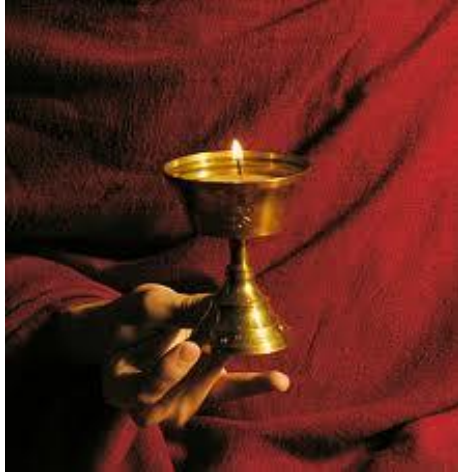
I pray to you, please bestow your blessings.

CHI NANG SANGWAI PARCHED ZHIWA TANG

Pacify all the outer, inner and secret obstacles,

SAMPA LHUNKYEE DRUBPAR CHINKYEEOB

and bless us so that our wishes are spontaneously accomplished.



THE LAMP PRAYER - MARME MÖNLAM

MAR MEY NÖ NI TONG SUM GYI TONG CHEN PO JIK TEN KHAM GYI KHOR YUK DANG NYAM PAR
May the bowl of this lamp become equal to the outer ring of this world realm of the

GYUR CHIK DONG BU NI RIYI GYAL PO RI RAP TSAM DU GYUR CHIK MAR KHU NI TAY GYA TSO
great Three Thousands. May its stem be the size of the King of Mountains, Mt. Meru.

TSAM DU GYUR CHIK DRANG NI SANG GYE RE REY DÜN DU DUNG CHUR RE RE JUNG WAR GYUR
May its oil fill the surrounding oceans. In number, may a hundred million appear before

CHIK Ö KYI SI PAY TSE MO ME CHE NE NAR ME PAY NYAL WA YEN CHE KYI MA RIK PAY
each and every buddha. May its light dispel all the darkness of ignorance from the Peak of

MÜN PA TAM CHE SAL NE CHOK CHUY SANG GYE DANG JANG CHUP SEM PAY SHING KHAM
Existence to the Incessant Hell and illumine all the pure realms of the buddhas and bodhisattvas

TAM CHE NGÖN SUM DU TONG SHING SAL WAR GYUR CHIK OM VAJRA ALOKE AH HUM
of the ten directions so they are clearly seen.

OM VAJRA ALOKE AH HUM

e ma ho
Emaho!

NGO TSAR ME JUNG NANG SAL DRÖN ME DI KAL SANG SANG GYE TONG TSA LA SOK PAY
I offer this amazing, wonderful, bright lamp To the one thousand buddhas of this fortunate aeon

RAP JAM CHOK CHUY SHING KHAM MA LÜ PAY LA MA YIDAM KHAN DRO CHÖ KYONG DANG
The lamas, yidams, dakinis, dharma protectors, And gatherings of deities in the mandalas

KYIL KHOR LHA TSOK NAM LA BUL WAR GYI PA ME TSO CHE SEM CHEN TAM CHE KYI
Of all pure realms of the infinite ten directions, My parents in the fore, may every sentient being

TSE RAP DE DANG KYE NE TAM CHE DU DZOK SANG GYE PAY SHING KHAM NGÖN TONG NE
In this lifetime and all the places they take birth See the pure realms of the perfect buddhas directly

Ö PAK ME GÖN NYI DANG YER ME SHOK **KÖN CHOK SUM DANG TSA SUM LHA TSOK KYI**
And then become inseparable from Amitabha. Out of the power of the truth of the Three Jewels

DEN PAY TY YI MÖN LAM DI TAP TE
And the deities of the Three Roots I've made this prayer.

NYUR DU DRUP PAR JIN GYI LAP TU SÖL
Please grant your blessings that it be quickly accomplished.

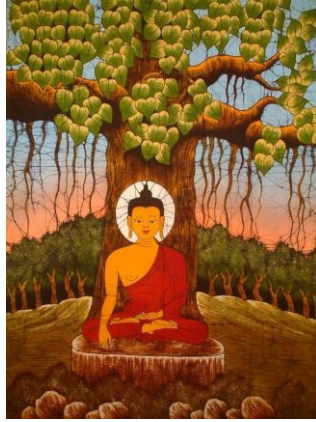
Tadyatha panchandriya ava bodhanaye svaha
TADYATHA PANCHANDRIYA AVA BODHANAYE SVAHA

*The glorious Lord Atisha with just seventeen of his students recited this prayer in a roar
in the temples of Ü Tsang, it is heard.*

--from the *Kagyü Monlam Prayer Book - Second Edition*



PRAISE OF THE TWELVE DEEDS OF THE BUDDHA



TAP KHE TUK JE SHA KYAY RIK SU TRUNG

Skilled in means, from compassion you took birth as a Shakyan;

SHEN GYI MI TUP DÜ KYI PUNG JOM PA

You vanquished Mara's forces while others could not.

SER GYI LHÜN PO TA BUR JI PAY KU

Like a golden Mount Meru is your splendid body:

SHA KYAY GYAL PO KHYÖ LA CHAK SAL LO

Oh King of the Shakyas, I prostrate to you.

GANG GI DANG POR JANG CHUP TUK KYE NE

It is you who at first roused the mind of enlightenment,

SÖ NAM YESHE TSOK NYI DZOK DZE CHING

Then perfected the accumulations of merit

DÜ DIR DZE PA GYA CHEN DRO WA YI

And wisdom. So vast are your deeds in this age!

GÖN GYUR KHYÖ LA DAK GI TÖ PAR GYI

I praise you who are the protector of wanderers.

LHA NAM DÖN DZE DÜL WAY DÜ KHYEN NE

You benefited gods, then knowing it was time

LHA LE BAP NE LANG CHEN TAR SHEK SHING

To tame humans, you came down from heaven as an elephant.

RIK LA SIK NE LA MHO GYU TRUL MAY

You looked at her caste and then entered the womb

LHUM SU SHUK PAR DZE LA CHAK SAL LO

Of the Queen Mahamaya: I prostrate to this deed.

DA WA CHU DZOK SHA KYAY SE PO NI

When ten months had finished, you, son of the Shakyas,

TA SHI LUM BIY TSAL DU TAM PAY TSE

Were born in the auspicious grove of Lumbini.

TSANG DANG GYA JIN GYI TÖ TSEN CHOK NI

Both Brahma and Indra praised you with your great marks

JANG CUP RIK SU NGE DZE CHAK TSAL LO

Of the family of enlightenment: I prostrate to this deed.

SHÖN NU TO DEN MI YI SENG GE DE

A youth with great strength, a lion among men,

ANG GA MA GA DHAR NI GYU TSAL TEN

You showed your great prowess at Angamagadha.

KYE WO DREK PA CHEN NAM TSAR CHE NE

You vanquished all people inflated with arrogance.

DREN DA ME PAR DZE LA CHAK SAL LO

You are without rival: I prostrate to this deed.

JIK TEN CHÖ DANG TUN PAR JA WA DANG

In order to act in accordance with the ways

KHA NA MA TO PANG CHIR TSÜN MO YI

Of the world, and avert any censure, you took

KHOR DANG DEN DZE TAP LA KHE PA YI

A retinue of queens. Thus through means that were skilful,

GYAL SI KYONG WAR DZE LA CHAK SAL LO

You governed your kingdom: I prostrate to this deed.

KHOR WAY JA WA NYING PO ME ZIK NE

You saw the affairs of samsara are pointless

KYIM NE JUNG TE KHA LA SHEK NE KYANG

And left your household, going off in the sky.

CHÖ TEN NAM DAK DRUNG DU NYI LA NYI

Near the Stupa of Great Purity, you by yourself

RAP TU JUNG WAR DZE LA CHAK TSAL LO

Became fully renounced: I prostrate to this deed.

TSÖN PAY JANG CHUP DRUP PAR GOGN NE NI

With the thought to accomplish enlightenment through effort.

NE RAN DZA NAY DRAM BU LO DRUK TU

For six years you practised austerities on the banks

KA WA CHE DZE TSÖN DRÜ TAR CHIN PAY

Of the Naranjana and, perfecting your diligence,

SAM TEN CHOK NYE DZE LA CHAK SAL LO
You gained the supreme dhyana: I prostrate to this deed.

TOK MA ME NE BE PA DÖN YÖ CHIR
As your efforts from beginning-less time had a purpose,

MA GA DHA YI JANG CHUP SHING DRUNG DU
In Magadha under the Tree of Enlightenment

KYIL TRUNG MI YO NGÖN PAR SANG GYE NE
Unmoving you sat and manifestly awakened

CHANG CHUP DZOK PAR DZE LA CHAK TSAL LO
To perfect enlightenment: I prostrate to this deed.

TUK JE DRO LA NYUR DU SIK NE NI
You soon with compassion regarded all wanderers

WA RA NA SI LA SOK NE CHOK TU
And in Varanasi and other great places

CHÖ KYI KHOR LO KOR NE DÜL JA NAM
You turned the Wheel of Dharma, thus bringing your disciples

TEK PA SUM LA GÖ DZE CHAK SAL LO
Into the Three Vehicles: I prostrate to this deed.

SHEN GYI GÖL WA NGEN PA TSAR CHE CHIR
To vanquish the evil objections of others,

MU TEK TÖN PA DRUK DANG LHA JIN SOK
In the land of Varanasi, you subdued the demons—

KHOR MO JIK GI YÜL DU DÜ NAM TUL
The six Tirthika teachers, Devadatta, and others.

TUP PA YÜL LE GYAL LA CHAK SAL LO
The Sage triumphed in the battle: I prostrate to this deed.

SI PA SUM NA PE ME YÖN TEN GYI
Your qualities unparalleled in the three realms,

NYEN DU YÖ PAR CHO TRUL CHEN PO TEN
In Shravasti you displayed wondrous miracles.

LHA MI DRO WA KÜN GYI RAP CHÖ PA
All devas and humans make you great offerings.

TEN PA GYE PAR DZE LA CHAK TSAL LO
You spread the teachings: I prostrate to this deed.

LE LO CHEN NAM NYUR DU KUL JAY CHIR
In order to encourage all those who are lazy

TSA CHOK DRONG GI SA SHI TSANG MA RU
To the Dharma, on Kushinagar's good, clean ground

CHI ME DOR JE TA BUY KU SHEK NE
You departed the deathless, vajra-like body

NYA NGE DA WAR DZE LA CHAK TSAL LO
And passed to Nirvana: I prostrate to this deed.

YANG DAK NYI DU JIK PA ME CHIR DANG
Because in reality there is no destruction

MA ONG SEM CHEN SÖ NAM TOP JAY CHIR
And so that the beings of the future gain merit,

DE NYI DU NI RING SEL MANG TRUL NE
In the very place you left many relics—

KU DANG CHA GYE DZE LA CHAK TSAL LO
The eight parts of your remains: I prostrate to this deed.

(The first stanza is said to be by the Lord Drikungpa;
the following stanzas were composed by Nagarjuna.)

For shortened prostrations:

JI NYE SU DAK CHOK CHUY JIK TEN NA
I prostrate to all lions among humans,

DÜ SUM SHEK PA MI YI SEN GE KÜN
As many as a pea, excepting none,

DAK GI MA LÜ DE DAK TAM CHE LA
In the three times in worlds of the ten directions

LÜ DANG NGAK YI DANG WAY CHAK GYI O
Sincerely with my body, speech and mind.

SANG PO CHÖ PAY MÖN LAM TOP DAK GI
With the power of this prayer for excellent conduct,

GYAL WA TAM CHE YI KYI NGON SUM DU
I fully prostrate to all victors with

SHING GI DÜL NYE LÜ RAP TÛ PA YI
As many bodies as atoms in all the realms

GYAL WA KÜN LA RAP TU CHAK TSAL LO
With all the victors right before my mind.

THE ALPHABET

Om

A Ah I Ih U Uh Ri Rih Li Lih E Eh O Oh

Ang Ah Ka Kha Ga Gha Nga

Tsa Tsah Dza Dzah Nya

Ta' Tha' Da' Dha' Na'

Ta Tha Da Dha Na

Pa Pha Ba Bha Ma

Ya Ra La Wa Sha

Ka Sa Ha Cha So Ha

THE 100 SYLLABLE MANTRA OF VAJRASATTVA

Om Benza Sato Samaya Manu Palaya Benza Sato Tenopa Trita Drito Mebhawa
Suto Kaya Mebhawa Supo Kaya Mebhawa Anu Rakto Mebhawa Sarwa Siddhi Mentra Yatsa
Sarwa Karma Sutsame Tsitam Shiri Yam Guru Hung Ha Ha Ha Ha Ho
Bhagawan Sarwa Tathagata Benza Mame Muntsa Benza Bawa Maha Samaya Sato Ah

THE EPITOME OF INTERDEPENDENCE (Tib. TENDREL CHU NYI)

Om Ye Dharma Hetu Tra Bhawa Hetun

Teken Tathagato Haya Wade Teken Tsa Yo Nirodha

Ewam Badi Maha Sharmana So Ha

WISHING PRAYER

LAMA KUKHAM ZANGWAR SOLWANDEP

I pray that the Lama's life be excellent

CHOKTU KU TSERINGWAR SOLWANDEP

That his supreme life be long

TRINLEY DARSHING JEPAR SOLWANDEP

And that his activity increase and spread

LAMA DANG DRALWA MEPAR JINJI LOP

Bless us that we remain inseparable from the Lama.

FOUR DHARMAS OF GAMPOPA

LO CHÖSU DROWAR JINGI LABTU SOL

Grant your blessings so that my mind may be one with the Dharma

CHÖ LAMDU DROWAR JINGI LABTU SOL

Grant your blessings so that my Dharma practice may progress along the path.

LAM TRULPA SELWAR JINGI LABTU SOL

Grant your blessings so that the path may clarify confusion.

TRÜLPA YESHE SU CHARWAR JINGI LABTU SOL

Grant your blessings so that confusion may dawn as wisdom

MEAL PRAYER

(recite one time before a meal)

TONPA LAMEY SANGYE RINPOCHE

The Supreme Teacher, the precious Buddha,

KYOPA LAMEY TAMCHO RINPOCHE

The Supreme Protection, the precious, sacred Dharma

DRENGPA LAMAY GENDUN RINPOCHE

The Supreme Guide, the precious Sangha,

KYABNEY KONCHOG SUM LA CHOPA PUL

To these three jewels, the Refuges, I make this offering.